

# Our New Women's Coach - Trudie Hopgood

Sturt Sabres is pleased to welcome Trudie Hopgood, formerly a Lightning Player, as our new Women's Coach.

Trudie has been working in basketball within the UK for the past five years, most recently with basketball Scotland as the player Pathway Technical Lead. Trudie also sat as a member of the British Basketball Performance Management Group for the past five years.

Whilst in the UK, Trudie has been involved in coaching in both a professional and volunteer capacity in the following roles:

- Great Britain U20W, Assistant Coach 2009 - European Div C championships 2010
- Scotland SW, Head Coach 09-11 – Bronze Medal, European Div C championships 2010; Poland Tour 2011 (4-0 v Div 1 opponents)
- Scotland U16M, Assistant Coach 2010 – Silver Medal, European Div C championships
- basketball Scotland Talent Development Program, Technical Lead/Head Coach
- basketball Scotland Elite Development Program, Head Coach, Individual Player Development
- UWIC (University of Wales, Institute Cardiff), Assistant Coach 2008 - England Basketball League
- Rhondda Rebels Professional Team, Assistant Coach - England Basketball League

Trudie has gained a strong appreciation of the importance of a unified pathway within a

club with communication and co-operation between age groups; The link between junior

and senior programs being essential to ensure continuity in player development and the future of the Senior Program.

Trudie, Welcome to Sturt! We look forward to seeing you around the courts.